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1. Productivity = The Management of Time, Attention, and Energy. The full title of Chris' book is The Productivity Project: Accomplishing More by Managing Your Time, Attention, and Energy - and the subtitle communicates Chris' big, huge idea quite clearly. Put simply, productivity is product of managing your: Time; Attention; Energy

5 Lessons I Learned from "The Productivity Project" by

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The Productivity Project | A Life of Productivity

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“Procrastination gets in the way of accomplishing more since it is, in its simplest form, a gap between your intention and action.” — Chris Bailey, The Productivity Project: Accomplishing More by Managing Your Time, Attention, and Energy

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The Productivity Project--and the lessons Chris learned--are the result of that year-long journey. Among the counterintuitive insights Chris Bailey will teach you: - slowing down to work more deliberately; - shrinking or eliminating the unimportant; - the rule of three; - striving for imperfection; - scheduling less time for important tasks;

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